

Dentistry at Windermere

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Post Operative Instructions for Root Canal Treatment

Endodontic, or root canal, treatment is now complete. The canals inside the roots have been cleaned, irrigated, medicated and permanently sealed. The opening in the tooth through which the root canal treatment was done has been sealed with a filling.

Delay in obtaining the final restoration (crown) on this tooth may result in the fracture and/or possible loss of this tooth.

What to expect:

- It is not uncommon for a tooth to be uncomfortable or even exhibit a dull ache immediately after receiving root-canal therapy. This should subside within a few days or weeks. This occurs because of conditions, which exist before treatment was started. Experience shows that if there was pain prior to treatment, there may be the same degree of pain that will continue following the treatment. Remember that pain radiates. You may feel discomfort in other teeth in the area. This can be created by inflammation and/or increase in blood volume to occurs in the healing process.
- Your tooth will be sensitive to biting pressure and may even appear to feel loose. This feeling is a result of the sensitivity of the nerve ending just outside the end of the root of the treated tooth. Discomfort in this area for a few days to weeks is common. Warm salt water rinses for the next two days will help. Try to avoid chewing on this area until the tenderness has subsided.
- Occasionally a small "bubble" or "pimple" will appear on the gum tissue within a few days after completion of a root canal. This is a release of pressure and bacteria which is no longer sustained around the tooth. This should disappear within a few days.
- The office staff will review with you the timeline and steps needed to complete the final restoration (crown) for this tooth.

Should you have any questions following your root canal treatment, please do not hesitate to call our office at (770) 205-1212.